



Effects of problem solving education on thinking styles of Isfahan high school girl students

Sakineh Fathi¹ and Amir Qamrani^{2*}

¹General Psychology MSc. Student, Isfahan (Khorasgan) Branch, Islamic Azad University, Isfahan, Iran

²Faculty of Isfahan University- Supervisor, Isfahan, Iran

*Corresponding Email: aghamarani@yahoo.com

ABSTRACT

The purpose of this study is the influence of problem solving education pattern on thinking styles of Isfahan high school girl students. This research is semi-experimental with scheming pretest-posttest and follow-up control. The studied statistical population was all of the high school students of Isfahan which among them 30 people were chosen by random cluster multistage method and randomly took part in two experimental groups and control equally. Thinking styles test were applied as pretest, posttest and follow-up. Problem solving teaching performed in 8 weeks for experimental group and evidence group did not take any teaching. Data were analyzed by variance analyzing method and repeating measurements. Average points of thinking styles in experimental group triables improved in the moment and two month after interference in comparison to evident group. Regarding to this educational pattern's effect and stableness, using problem solving education in several education and research categories of students is recommended.

Keywords: problem solving education, thinking styles

INTRODUCTION

One of the bad habits in teaching-learning process in educational system is relying information and accumulating them on memory. In this view, successful student is someone who gains high grades in credits. Regarding to current world issues which is hard and simple, beside using identifying and fruitful thinks we should look for new ways to solve the problems in a scientific and genuine way. It seems that scrutinizing this important subject should be started from schools and universities. In a way that students having this though in their minds that hard problems can be solved correctly [1].

One of the obvious human factors and its life basis is his thinking power. Human has not been lack of thinking in his life and by thinking power, he solves its issues and problems and improve. So all the successes and improvements of human lies into his fruitful, effective and vigorous thinking. People think about the way of furthering works by their special style [2].

Thinking style is one of the important factors of human. Thinking styles are cognitive preferences which influence on type of behavior and emotions (Xang and Strenberg 2000). People don't have one special thinking style, but they have a side view of different thinking styles and if the preferred style can be matched in environment, needs and abilities he is successful. In the time when styles, abilities and environment demands connect correctly that people could do their task in a way that they could use their preferred style or changing it. In other words, styles can change or in special opportunities the style which is more useful is used. Strenberg has been named different styles of people in processing information as thinking style (Xang and Strenberg 2000).

In current era people should improve their thinking skills for appropriate decisions and solving complicated problems for facing amazing changes in third millennium. In current societies it is tried that all people reach self-blossoming and do his potential abilities [3].

In current 20 years, considerable changes have been created like accumulating knowledge quickly, technologic changes and wide inventions [4] on the other hand, commonplace education methods create people with lots of theoretical information. However, they still are weak for solving society problems in future. So for developing thinking skill and students' performance skill in thinking and reasoning must be improved instead of gaining and saving information [5].

Because of that in last decade solving problem has been developed as a pattern for providing services in special or general education [6]. In researching it is known that effects of problem solving skill education has been used in loss of negative emotions and improvement of social meriting, interrelations between people, creativity, self using, mind and social compatibility and criticizing thinking [7, 8, 9, 10].

By considering basic steps in problem solving skill and regarding to effects which this method have on memory and thinking skills, it seems that we can change thinking styles of students by problem solving education. Based on that, this research is for answering this question:

Is problem solving education effective for high school Isfahan girl student in the posttest a Follow-up stage?

MATERIALS AND METHODS

This study is a semi-experimental plan with pretest, posttest and follow up with evident group.

Statistical population, sample and sampling

In the high school Isfahan girl student which are educating during 1393-1394, sampling was furthered in cluster multilevel way. Among 5 parts of Isfahan the part 3 was chosen randomly, then among all schools in region 3, a school chosen and at last among all the classes of mentioned school a class were chosen randomly, finally 30 girl students in abovementioned class were chosen randomly and being put in two experimental (15) and evident (15).

Measurement tools

For collecting data needed, a questionnaire of thinking styles of Strenberg and Vagner (1991) were used for knowing students thinking which had 24 questions and evaluates three styles of performance thinking, legislation and judicial. In all the questionnaires have been reported 71%, 75%, 43% , 97% respectively.

Analyzing method

Analyzing was done by SPSS-22 software. In describing data average statistical index and standard deviation were used (in the pretest, posttest and follow up stages). Research data were analyzed by variance by measuring repeatedly.

RESULTS

Table 1. Results for Manova analyzing for effects of membership in a group in 3, performing, legislating and judicial style testing judicial

| potent | square | Sig | df error | df Hypothesis | F | amount | | effect | variable |
|--------|--------|-------|----------|---------------|-------|--------|----------------------|------------------------|-------------------------------|
| 0.70 | 0.24 | 0.022 | 27 | 2 | 4.385 | 0.245 | Pylayy effect | test | Administrative thinking style |
| 0.70 | 0.24 | 0.022 | 27 | 2 | 4.385 | 0.755 | lambda wilks | | |
| 0.70 | 0.24 | 0.022 | 27 | 2 | 4.385 | 0.325 | hoteling | | |
| 0.70 | 0.24 | 0.022 | 27 | 2 | 4.385 | 0.325 | The biggest ray root | | |
| 0.88 | 0.33 | 0.044 | 27 | 2 | 6.656 | 0.330 | Pylayy effect | test and group balance | |
| 0.88 | 0.33 | 0.044 | 27 | 2 | 6.656 | 0.670 | Lambda wilks | | |
| 0.88 | 0.33 | 0.044 | 27 | 2 | 6.656 | 0.493 | Hoteling effect | | |
| 0.88 | 0.33 | 0.044 | 27 | 2 | 6.656 | 0.493 | The biggest ray root | | |

Is problem solving education of performing thinking, legislating and judicial styles in Isfahan high school girl student effective in posttest and follow up?

Table 2. Manoa analyze related to interactions between 3 administrative, legislating and judicial test

| potent | square | Sig | df error | df hypothesis | F | amount | | effect | variable |
|--------|--------|-------|----------|---------------|-------|--------|----------------------|------------------------------|-------------------|
| 0.63 | 0.21 | 0.063 | 27 | 2 | 3.775 | 0.219 | Pylayy effect | test | Legislative style |
| 0.63 | 0.21 | 0.063 | 27 | 2 | 3.775 | 0.781 | Lambda wilks | | |
| 0.63 | 0.21 | 0.063 | 27 | 2 | 3.775 | 0.280 | Hoteling effect | | |
| 0.63 | 0.21 | 0.063 | 27 | 2 | 3.775 | 0.280 | The biggest ray root | | |
| 0.72 | 0.25 | 0.01 | 27 | 2 | 4.585 | 0.254 | Pylayy effect | Test and groups interactions | |
| 0.72 | 0.25 | 0.01 | 27 | 2 | 4.585 | 0.746 | Lambda wilks | | |
| 0.72 | 0.25 | 0.01 | 27 | 2 | 4.585 | 0.340 | Hoteling effect | | |
| 0.72 | 0.25 | 0.01 | 27 | 2 | 4.585 | 0.340 | The biggest ray root | | |
| 0.65 | 0.22 | 0.03 | 27 | 2 | 3.934 | 0.226 | Pylayy effect | test | Judicial style |
| 0.65 | 0.22 | 0.03 | 27 | 2 | 3.934 | 0.774 | Lambda wilds | | |
| 0.65 | 0.22 | 0.03 | 27 | 2 | 3.934 | 0.291 | Hoteling effect | | |
| 0.65 | 0.22 | 0.03 | 27 | 2 | 3.934 | 0.291 | The biggest ray root | | |
| 0.64 | 0.21 | 0.03 | 27 | 2 | 3.785 | 0.291 | Pylayy effect | Test and groups interactions | |
| 0.64 | 0.21 | 0.03 | 27 | 2 | 3.785 | 0.781 | lambda wilks | | |
| 0.64 | 0.21 | 0.03 | 27 | 2 | 3.785 | 0.280 | Hoteling effect | | |
| 0.64 | 0.21 | 0.03 | 27 | 2 | 3.785 | 0.280 | The biggest ray root | | |

As it can be seen in table 1, in three performances of test there are meaningful differences in all 3 variables. In the second section table 2 showed the interaction between groups and test and as table exhibits the findings of all 4 tests shows that the interaction between groups and 3 test performing is meaningful in all variables.

Table 3. Variance analyze results by measuring repeatedly for comparing the average of three styles' variables called administrative, legislative and judicial in 2 groups of experimental and evident in 3 stages called pretest, posttest and follow up

| Statistical potential | Impact factor | Meaningful area | F | Total square | Freedom degree | Total squares | source | variable |
|-----------------------|---------------|-----------------|-------|--------------|----------------|---------------|--------------------|--------------------------------|
| 0.82 | 0.245 | 0.005 | 9.07 | 2700.544 | 1 | 2700.544 | Inter group factor | Administrative thinking styles |
| 0.80 | 0.23 | 0.007 | 8.606 | 176.817 | 1 | 176.817 | Intra group factor | |
| 0.64 | 0.17 | 0.02 | 5.861 | 120.417 | 1 | 120.417 | interaction | |
| 0.12 | 0.02 | 0.041 | 0.682 | 173.611 | 1 | 173.611 | Inter group factor | Legislative thinking styles |
| 0.75 | 0.21 | 0.01 | 7.562 | 50.417 | 1 | 50.417 | Intra group factor | |
| 0.75 | 0.213 | 0.01 | 7.563 | 50.417 | 1 | 50.417 | interaction | |
| 0.09 | 0.01 | 0.049 | 0.442 | 88.011 | 1 | 88.011 | Inter group factor | Judicial thinking styles |
| 0.74 | 0.20 | 0.01 | 7.362 | 64.067 | 1 | 64.067 | Intra group factor | |
| 0.77 | 0.21 | 0.009 | 7.845 | 68.267 | 1 | 68.267 | interaction | |

Table 3 showed that differences between experimental and evident group was meaningful in all 3 factors of styles. Intra group differences were meaningful in all factors too. Interaction between two situations and changes in pretest, posttest and follow up was meaningful in 3 variables. In other words the average pretest of two groups in two variables was not meaningful different but in the posttest and follow up this difference was meaningful.

CONCLUSION

Results exhibited by analyzing variance by measuring repeatedly showed that problem solving education has had influence on administrative, legislative and judicial thinking style. In other words, problem solving education will cause an improvement in administrative, legislative and judicial in girl student.

Results showed that between pretest and posttest and also posttest and follow up in group there were meaningful differences. Problem solving education is efficient on administrative, legislative and judicial thinking styles and its effects has been stabled during the time.

In the principals section and research history in problem solving skill education field, there were not researches like current research. But however stability of problem solving education way stability has been reported. Hemati and Maslak pak researches, Orojlo and Khalkhali (1393), Ahmadi, Pashang and Salimi nia (1392), Kordi, Nasiri, Modares Gharvi and Ebrahimzade (1391), Yousefi, Gharazi and Gordanshekan (1391), Jabari (1390), Behnam Vashani et al (1390), Zenoziyan, Gharaee and Yeke yazdandust (1389), Omidvar (1389), Mardani (1388), Lindcy, Estein and Perkins(2014), Chang (2006) indirectly is matched with results of this research in effecting category.

The findings of this research show the positive effect of problem solving education pattern on thinking styles (administrative, legislative and judicial) of students. Problem solving method provides an appropriate base for reaching the best results as group activity and specially activities in small groups and causes the thinking skills in people. In teaching problem solving method, by group work, describing skills like observing, comparing, organizing information, determine and controlling variables, codification and experimental hypothesis, analyze, deduction, evaluation, legislation and judgment is fortified (Fog and How, 2013). In this study regarding to problem solving skill education, group discussion and talking and acting in small groups using organized and widespread Howton et al (2001) protocol were used. In this method students are put in real situations of educational, social and individual life using previous experiences.

So by teaching this skill, which its basic feature is applying problem solving, it can be expected problem solving skill to be fortified, because the first stage of this protocol is directing to the problem generally which emphasize human reaction controlling against problems and reasons cause releasing this emotions, then in a widespread way in the next stages, with having the idea of accepting the problem, with optimistic style about future and using logical thinking instead of impulsive and avoidance decisions, a final decision is made and by reviewing the path repeatedly, the shortage and strength of the problem is determined and in case of blocking, tries other ways .

In showing other results of this research it can be said that, one of the identical mechanisms of scientific thinking is using criticism thinking elements in problem solving process. Students get involved in problems actively using identical abilities like determination, understanding, decoding, evaluate and choosing. If they determine problems correctly, half of problem solving process path has been passed. Activity and group discussion cause improvements in scientific thinking in every stage of this process [11].

On the other hand, based on Yalkin, Karahan, Karadenizli and Sahin (2008) performing educational teaching based on troubleshooting and problem solving cause that students get involved in class discussions with hypothesizing, experimenting and evaluating. Questioning is the important factor in this method and help students for reaching this point. Also, in this method people create solutions for solving problems by using creation techniques like brain storm. The consequences of these activities are thinking growth of students. Finally due to the results achieved in effectiveness of problem solving education on thinking styles, this educational method is recommended to the teachers and educational consolors.

REFERENCES

- [1] Basadur, M. Leading others to think innovatively together: Creative leadership, *The Leadership Quarterly*, 2004; 15(1): 103-121.
- [2] Ritche, J. Style of thinking: the special issue. *Stud Hist Philos Sci*, 2012; 43: 595- 8.
- [3] Mulyadi, S. Intellectual giftedness and creative personality development through learning with process in e-learning progrome. In *J bus soc sci*, 2012; 2(3): 6, 67-76.
- [4] Abolhasani, Sh0, Haqqani, F. Using Problem-based Learning in Nursing Education: A review article. *Medical Education*, 1390; 10(5): 706-699.
- [5] Farokhi. Joint effect on the academic achievement of students learning strategies Tehran. PhD thesis, University of Allameh Tabatabai, 2004.
- [6] Donohue, R., Steavensen, L. The relationship between emotional intelligence and individual advancement and the mediating role of transformational leadership. *Monash Business Review*, 2006; 2, 2.

- [7] Moattari Mousavinasab of Ayatollah, A. Problem-Solving Skills Training on self-nursing students of Hazrat Fatima city. *Medical Education*, 1384; 5(2): 155-137.
- [8] Jabbari Mohammadabadi, M. The effect of problem solving education on the resilience of the holy city high school students in the academic year 89-88. Master thesis, University of Allameh Tabatabai, 2011.
- [9] Chung, N., Ro, G. The effect of problem-solving instruction on children's creativity and self-efficacy in the teaching of the practical arts subject, *Journal of Technology Studies*, 2006; 30(2): 116-22.
- [10] Lindsey, LM., Austin, JK., Perkins, SM. Problem-Solving Intervention for Caregivers of Children with Mental Health Problems. *Psychiatric Nursing*, 2014; 27(3): 112- 120.
- [11] Metz, KE. Children's understanding of scientific inquiry: Their conceptualization of uncertainty in investigations of their own design. *Cognition and Instruction*, 2006; 22: 219–290.
- [12] Ahmadi Halemseuey of Pashang, B., Salymynya. Effect of problem solving training on quality of life of mothers of children with autism. *Applied Psychology*, 2013; 4(28): 90-70.
- [13] Yousefi, AF., Gordanshekan. The effect of problem solving education on self-efficacy and perceived self-efficacy in adolescents. *Behavioral Sciences Research*, 2012; 9(6): 430-421.
- [14] Mardani, F. The effect of the second year high school students' conceptual understanding of problem solving in the context of kinesiology. Master thesis, University of martyr Rajai teacher training, 2009.
- [15] Omidvar, H. Evaluation of the effectiveness of solving the problem of the quality of students' learning chemistry in the third year of junior high school. Master thesis, University of Rajai teacher training, 2010.
- [16] Kordi, Nasiri., Ebrahim, S., Gharavi. The effect of problem solving education on depression in postpartum women. *Fundamentals of Mental Health*, 2012; 14(22): 35-26.
- [17] Yalcin, BM., Karahan, TF., Karadenizli, D., Sahin, EM. Short term effects of problem-based learning curriculum on student self-directed skills development. *Curriculum Medline Journal*, 2008; 47: 491-498.
- [18] Zhang, LF., Sternberg, RJ. *The nature of intellectual styles*. London: Lawrence Eelbaum Associates, 2009.