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## Case report

### PERSISTENT ARRHYTHMIAS AFTER ELECTROCUTION IN A PATIENT SCHEDULED FOR GRAFT SURGERY

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## ABSTRACT

PVC may occur due to numerous etiologies. Manifestations may range from an asymptomatic presentation to ventricular fibrillation and death. The incidence of PVC in healthy population may range from 0.5% in those aged below 20 years old to 2.2% in those older than 50. Here we present a case of persistent arrhythmias after six months of electrocution. Patient was admitted in our hospital for graft surgery post burns.

**Keywords:** Arrhythmias, Electrocution, PVC (Premature Ventricular Contractions), Holter Monitoring.

## INTRODUCTION

Heart is most susceptible organ to electric injury with wide range of abnormalities. Cardiac arrhythmias can occur due to various etiological factors. Manifestations may range from an asymptomatic presentation to ventricular fibrillations and death. 3-4% of admissions in the burn units are accounted by electrical burn injuries.<sup>[1]</sup> Approximately 20% of all electrical injuries occur in children (with a bimodal peak incidence in toddlers and adolescents), usually via cable extensions or wall outlets.<sup>[2]</sup> Death most often occurs in young males (male:female = 9:1).<sup>[2]</sup>

## CASE REPORT

We present a case of high voltage electrocution Of 11,000kV ac and supraventricular and ventricular arrhythmias after six month of incidence. A 23 year old male patient electrician by occupation weighing 50 kg was scheduled for post burn graft surgery lower limb. About 5 months back patient got electrocuted with 11,000kV tension wire while doing some repair work. Baseline investigation of the patient were Hb

11.0 g% ,BT 2'5",CT 6'10", blood urea 34 mg%, serum creatinine 1.2 mg%, serum Na 140 meq/l ,serum K 4.2meq/l , ECG attached, breath holding more than 25 seconds.

In the operation theatre patient was found to be having irregular pulse, ECG showed multiple PVC, more than 13-14/min. without any symptom. Surgery was deferred and patient was sent to cardiology for expert opinion. Echocardiography was done, no major abnormality was observed. No regional wall motion abnormality was seen. Ejection fraction was 50%. After getting fitness patient was again scheduled for graft surgery. Irregular pulse persisted with heart rate 98/min BP 124/80 mm hg n right upper limb. On auscultation lung fields were clear. 12 lead ECG (Fig. 1) showed 12-15 PVC/min. Lignocaine 1.5% was given to abort ongoing arrhythmias, but there was no response. Defibrillator and anti-arrhythmic drugs were kept ready in case of progression of multiple PVC to ventricular fibrillation and unstable hemodynamic

Since the patient was hemodynamically stable subarachnoid block was performed at L3-4 level

using bupivacaine 10mg plus 25µg fentanyl. Patient remained hemodynamically stable throughout the procedure and shifted to recovery in satisfactory conditions.

Postoperatively Holter ECG study (Fig. 2) was done where the ventricular, supraventricular arrhythmia was observed. The report showed ventricular ectopics

totalled 1254 averaging 59/hr. with 1247 single and four paired and here trigemni and zero R on T. Supraventricular ectopics totalled 713 averaging 33.6/hr- 663 single and 18 paired beats. Supraventricular tachycardia occurred four times.



Fig 1: 12 Lead E.C.G.

Medication:		Report Summary	
Indication:			
<b>BASIC RHYTHM</b>		<b>VENTRICULAR ECTOPY</b>	
Rhythm:		Total beats:	1254
Total Beats:	103382	Avg/Hour:	59.1
Avg Rate:	82	Avg/1000:	11.9
Min Rate:	50 bpm at 03:54D2	Bigeminy Runs:	0
Max Rate:	169 bpm at 22:28D1	VT Runs:	0
Branch Block beats	absent	Isolated Beats:	1247
AFib percent	0.00	Paired beats:	4
Paced beats	absent	R on T:	0
		Trigeminy Beats:	3
		Bigeminy Beats:	0
		VT Beats:	0
<b>ST ANALYSIS</b>		<b>SUPRAVENTRICULAR ECTOPY</b>	
Type	Max CH	Lgth	Time
UP	4.1	3	492.0 m 09:24D2
HOR	2.3	3	6.0 m 10:12D2
DN	9.1	2	960.6 m 15:47D1
Median CH1:			-0.65 mm
Median CH2:			-1.12 mm
Median CH3:			-0.78 mm
		Longest SVT run:	16 beats at 101 bpm at 15:47D1
		Fastest SVT run:	16 beats at 101 bpm at 15:47D1
<b>HEART RATE VARIABILITY</b>		<b>Pauses</b>	
SDNN:	131	SDNN5:	78
PNN50:	22	PAUSES >2.0 sec:	absent
TRIA:	620	SDANN:	98
RMSSD:	96		
Night Heart Rate: (23:00-07:00)	73		
<b>Interpretation:</b>			
The average heart rate, excluding ectopy, was 82 BPM with a minimum of 50 BPM at 03:54D2 and a maximum of 169 BPM at 22:28D1. Heart beats, including ectopy, totaled 105349 beats.			
VENTRICULAR ECTOPICS totaled 1254 averaging 59.1 per hour with 1247 single, 4 paired, 3 trigeminy and 0 R on T.			
SUPRAVENTRICULAR ECTOPICS totaled 713 averaging 33.6 per hour with 663 single and 18 paired beats.			
SUPRAVENTRICULAR TACHYCARDIA occurred 4 times.			
The fastest run was at 101 BPM and occurred at 15:47D1 with 16 beats.			
The longest run was 16 beats at 15:47D1 at a rate of 101 BPM.			

Fig 2: Post-operative Holter Study

## DISCUSSION

Cardiac arrhythmias are usually explained on the basis of abnormalities of cardiac impulse conduction (reentry) or impulse formation (automaticity). Reentry excitation is the mechanism for most cardiac arrhythmias and reflex excitation of tissue by return

of the same cardiac impulse in circuitous fashion. In automaticity cardiac impulses are generated each time to excite the heart. Enhanced automaticity leads to cardiac arrhythmia by facilitating repetitive firing from single focus.<sup>[3]</sup> The various events that may be associated with cardiac arrhythmias encountered by an anesthetist are

- 1) Use of Volatile anesthetics <sup>[4]</sup>
- 2) Arterial hypoxemia
- 3) Hypercarbia
- 4) Systemic hypertension
- 5) Endogenous or exogenous catecholamines
- 6) Electrolyte imbalance
- 7) Coexisting cardiac diseases.

In our patient no other disease was present so the changes observed could be exclusively connected with the electric accident. The mechanism of electrical induced arrhythmias is not much clear. Due to the differences in electrical resistance, current travels more preferentially along blood vessels and nerves, that makes the heart as an organ more susceptible to injury by electrical currents.<sup>[5]</sup> Patchy necrosis may be seen in heart muscle biopsy specimens after injury by electrical currents, the fibrotic tissue can act as a potential chronic arrhythmogenic focus.<sup>[6]</sup> Increased cardiac sodium/potassium pump activities and an increase in potassium concentration have also been described as causes.<sup>[7]</sup> Cardiac arrhythmias may occur at the time of electrical shock or later, but mostly within the first day after an injury.<sup>[7,8]</sup> Arrowsmith et al.<sup>[9]</sup> retrospectively evaluated 145 patients with electrical injury in the same centre over a five year period; 128 (88%) had suffered low voltage injury and 17 (12%) had suffered high voltage injury (>1000 V). The frequency of cardiac complications was 3% (four patients). Atrial Fibrillation was detected in only one patient in their study, in this case normal sinus rhythm was restored after i.v. digoxin infusion. Purdue et al. <sup>[10]</sup> recommended cardiac monitoring of patients with electrical injury if there was loss of consciousness, recorded arrhythmia in the field, abnormal ECG on admission and rhythm disturbance during monitoring in the emergency room.

## CONCLUSION

Since in our study no other concomitant disease history was present, so the PVC's observed could be exclusively related to the electrical incident that happened approximately 5 months ago.

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**Conflict of Interest:** Nil

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