



Tobacco Consumption in Adolescents from the Medical Sciences in Cuba

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ABSTRACT

Background: the analysis of adolescent smokers as prevention from the medical sciences is one of the lines of the work team in the consultation of ceasing tobacco. **Objective:** to analyze tobacco consumption in adolescents from the medical sciences in Cuba. The investigation embraced one period from October 2018 to September 2019. **Method:** was carried out a study descriptive, retrospective, sampling intentional nonprobabilistic, and with a universe composed of 18 old adolescents of the Polyclinic "Jose Ramon Leon Acosta. It gathers it of the data was carried out through the empirical method as the clinical histories, interviews structured, the questionnaire and for the analysis of the data statistical calculation was used. **Results:** the state of individual health of this group prevailed as for knowledge that will allow them to modify their lifestyle and in turn, aging very happened to the minimum of limitations. **Conclusion:** the difficulties are focused on the systematic development of psychosocial and preventing risk factors in adolescents with addiction.

Keywords: Adolescence, Addiction, Model function, Tobacco

INTRODUCTION

Adolescence is essentially a time of changes in which happens the process of the boy's transformation into an adult, has characteristics peculiar, and it is also a stage, of the discovery of the own identity (psychological identity, sexual identity) as well as of individual autonomy.

The adolescence-like period of human development has been an object of social scientists' attention and of international instances that have tried to define its limits, as well as the characteristics that define this stage [1]. The space of the adolescents has vital importance in the formative process of the personality, propitiating that the same ones can self-teach with a clearer vision of the harmful effects that cause the tobacco and prevent its consequences with the help of the professionals of health but with a model function. For the model, function understands each other those attitudes that impact positively form or negatively on the behaviors of the population's health [2].

Tobacco is defined as a dysfunction caused by a substance able to produce dependence, nicotine. It is considered a true drug diffused in the entire world. It reaches a world prevalence of 47% in the masculine population of adults,